

Countywide Services Agency

Department of  
Health and Human Services

Division of Public Health

Glennah Trochet, M.D.  
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## County of Sacramento

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September 25, 2009

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For Immediate Release

# Drive-Through to Stop the Flu!

## Sacramento County Seasonal Flu Clinics Start October 9th

(Sacramento, CA) – Sacramento County Public Health kicks off its series of thirteen seasonal flu clinics for the public beginning on October 9<sup>th</sup> with a “drive-through” clinic at Sunrise Mall in Citrus Heights. “Drivers won’t even have to step out of their cars. Just roll down the window and roll up your sleeve,” said Sacramento County Public Health’s Immunization Assistance Program coordinator Lynnann Svensson. “It’s all completed in a matter of minutes and you’re back out on the road.”

It’s important to protect yourself against the influenza. According to the Centers for Disease Control, every year up to 20% of the population gets the flu, resulting in more than 200,000 hospitalizations and 36,000 deaths nationwide.

“We normally expect to see 2-3 deaths related to seasonal flu in Sacramento,” said Sacramento County Health Officer Glennah Trochet, M.D. “There is plenty of seasonal flu vaccine available, and we want everyone to get vaccinated, but there are a few target groups who really need to make sure they’re protected from the flu.”

Those groups include:

- Adults 50 years of age and older
- Children 6 months - 18 years of age
- Residents of nursing homes and assisted living facilities
- People with chronic medical conditions
- Women who will be pregnant during the flu season
- Caregivers and household members of the high-risk groups identified above
- Healthcare workers

(continued)

There will be a \$10.00 charge for each flu vaccination administered. A MediCare identification card will be required for MediCare billing. No one will be refused service due to age or economic status at any of the Sacramento County Flu Clinics.

For more information on County-sponsored flu clinics, call (916) 875-7053 or visit our web site at [www.SCPH.com](http://www.SCPH.com). A list of Sacramento County flu clinics has been attached with locations, dates, and times. To find immunization locations operated by other health care providers, please visit [www.FluClinicLocator.org](http://www.FluClinicLocator.org).

# 2009 SENIOR & HIGH-RISK FLU CLINICS



<u>LOCATION</u>	<u>DATE</u>	<u>TIME</u>
<b>Sunrise Mall “Drive-Thru”</b> 6041 Sunrise Mall (behind Sears) Citrus Heights, CA 95610	<b>October 9<sup>th</sup></b> Friday	<b>10:00 a.m. – 1:00 p.m.</b> (no walk-ins please)
<b>Sacramento Association of Realtors</b> 2003 Howe Avenue Sacramento, CA 95825	<b>October 13<sup>th</sup></b> Tuesday	<b>10:30 a.m. – 1:00 p.m.</b>
<b>Rancho Cordova City Hall</b> 2729 Prospect Park Drive Rancho Cordova, CA 95670	<b>October 14<sup>th</sup></b> Wednesday	<b>10:30 a.m. – 12:30 p.m.</b>
<b>Jean Harvie Community Center</b> 14273 River Road Walnut Grove, CA 95690	<b>October 15<sup>th</sup></b> Thursday	<b>10:30 a.m. – 11:30 a.m.</b>
<b>St. Theresa Church Hall</b> 100 4 <sup>th</sup> Street Isleton, CA 95641	<b>October 15<sup>th</sup></b> Thursday	<b>1:30 p.m. – 3:00 p.m.</b>
<b>Carmichael Clubhouse</b> 5750 Grant Avenue Carmichael, CA 95608	<b>October 16<sup>th</sup></b> Friday	<b>10:30 a.m. – 12:30 p.m.</b>
<b>Rio Linda Methodist Church</b> Corner of 6 <sup>th</sup> & M Street Rio Linda, CA 95673	<b>October 19<sup>th</sup></b> Monday	<b>10:30 a.m. – 12:30 p.m.</b>
<b>Ethel MacLeod Hart Senior Center</b> 915 27 <sup>th</sup> Street Sacramento, CA 95816	<b>October 20<sup>th</sup></b> Tuesday	<b>10:30 a.m. – 1:00 p.m.</b>
<b>Fruitridge Community Center</b> 4000 Fruitridge Road Sacramento, CA 95820	<b>October 21<sup>st</sup></b> Wednesday	<b>10:30 a.m. – 1:00 p.m.</b>
<b>North Highlands Community Center</b> 6040 Watt Avenue North Highlands, CA 95660	<b>October 22<sup>nd</sup></b> Thursday	<b>10:30 a.m. – 12:30 p.m.</b>

**Sears “Drive-Thru”**  
5901 Florin Road  
Sacramento, CA 95823

**October 23<sup>rd</sup>**  
Friday

**10:00 a.m. – 1:00 p.m.**  
(no walk-ins please)

**Robertson Community Center**  
3525 Norwood Avenue  
Sacramento, CA 95838

**October 29<sup>th</sup>**  
Thursday  
Free Community Flu Clinic

**10:00 a.m. – 2:00 p.m.**

**Pannell Center**  
2450 Meadowview Road  
Sacramento, CA 95832

**November 5<sup>th</sup>**  
Thursday  
Free Community Flu Clinic

**10:00 a.m. – 2:00 p.m.**

There will be a \$10.00 charge for this seasonal flu shot. It will be provided to individuals 50 years and older, healthcare workers, pregnant women, persons who are chronically ill, caregivers or household contacts of high-risk individuals, and children 6 months - 18 years of age. Pneumonia shots will be offered for \$40.00. Tetanus and Tetanus with Pertussis shots will be offered for \$10.00. Persons with MediCare Part B without HMO coverage may qualify for MediCare billing. You must bring MediCare card to clinic. Some restrictions will apply.

**Please note:** At the “Community Flu Clinics,” only the flu vaccine will be provided. It will be administered to any individual over 6 months of age.

**FOR MORE INFORMATION CALL:  
(916) 875-7053**