

News Release

FOR IMMEDIATE RELEASE
May 21, 2012

Contact: Alicia Enriquez
Enriqueza@saccounty.net
(916) 875-8566 / 591-0313 (cell)

Swim Season is Around the Corner!

Tips to enjoy the water and stay healthy

Sacramento, CA -- Memorial Day weekend traditionally kicks off swim season in Sacramento. That means we'll soon be heading to the beaches and pools to soak up the sunshine and cool off.

The week before Memorial Day (May 21–27) is Recreational Water Illness and Injury (RWII) Prevention Week. The goal of this observance is to raise awareness about healthy and safe swimming behaviors, and how you can prevent illnesses when enjoying swimming pools, hot tubs, water parks, water play areas, interactive fountains, lakes, rivers, or oceans.

The Environmental Management Department (EMD) inspects more than 2,200 public pools and spas in Sacramento annually, said John Rogers, Environmental Health Division Chief. This includes apartment complexes, fitness clubs, hotels, and water parks. "With common sense safety practices and proper pool maintenance, public pools and water parks are a great way to cool off, exercise, and have fun."

Follow these tips for safe swimming practices and using your senses to know if you're swimming in a healthy pool.

- SEE the drain in the deep end of the pool
- HEAR the pool equipment running
- SMELL no strong chemical odor
- FEEL no sliminess on the walls

Be an "Activist Swimmer" and get a free pool test kit while supplies last. Call (916) 875-8440.

Media opportunities - contact Alicia Enriquez at 875-8566

- The Sacramento County Board of Supervisors will proclaim May 21 – 27, 2012 as Recreational Water Illness and Injury Prevention Week.
- EMD is holding free workshops for commercial pool and spa owners and operators on proper safety equipment and pool maintenance through August 8.
- View pool and spa facility inspection reports at www.poolinspect.saccounty.net.

Contact EMD at (916) 875-8440 or email EMDinfo@Saccounty.net.

###

Like us on [Facebook!](#)